

## Pesto, Spinach and Feta Cheese Pasta



### Ingredients (serves 3-4)

250g Pasta

2-3tbsp green pesto (low fat)

150g Cherry tomatoes, halved

100g Baby spinach

40g Feta cheese, crumbled

Mix a bit of pesto with olive oil or mayonnaise for the perfect dressing for tuna, chicken and pasta salads. It also adds great flavour when mixed with rice, risotto or mashed potatoes

### Method

- 1) Cook pasta as directed on the packet
- 2) Add the pesto, spooning it through gently.
- 3) Place in a serving dish and allow to cool before adding tomatoes and spinach
- 4) Crumble on some feta cheese and serve

Add watercress if preferred – it is seasonal for many months from March

**Top Tip:** Why not make your own pesto and freeze it in ice cubes? There are many easy recipes online. The main ingredients are basil, pine nuts, garlic, parmesan cheese and olive oil